



**DOCTORS'
HEALTH ALLIANCE**

Doctors' Health Alliance

Strategic Plan

2026-2027



VISION

Doctors and medical students who are healthy and thriving.



MISSION

To improve the health and wellbeing of medical practitioners and medical students for the good of the community across Australia.



PURPOSE

Strengthen and unify doctors' health services, advocate for safer medical workplaces, and build the evidence, education and partnerships needed to improve wellbeing outcomes for all doctors and future doctors.

VALUES

Trust

Mutual trust for all stakeholders

Safety

For doctors and community

Collaboration

We work with others to achieve our goals

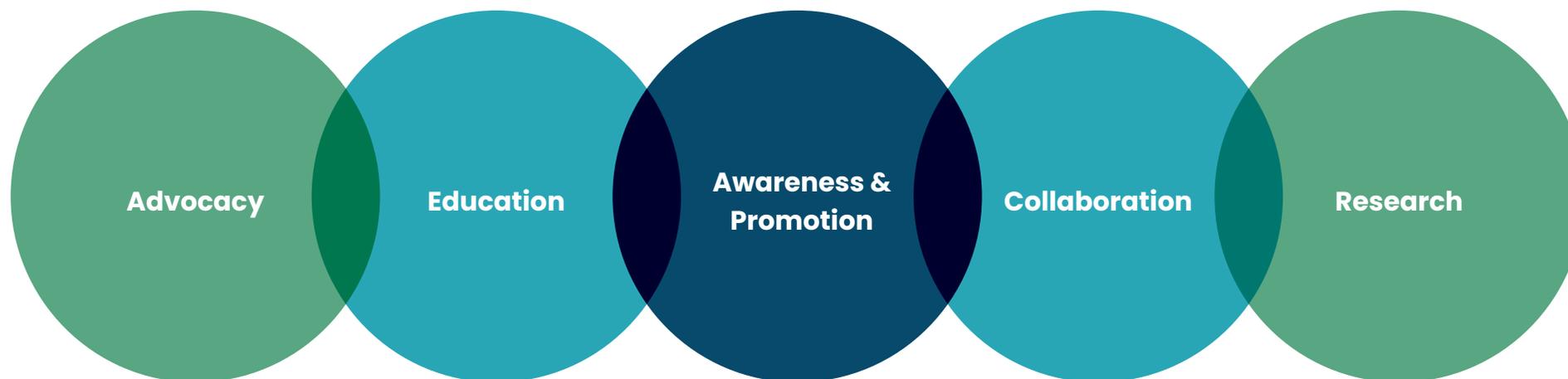
Evidence-informed

Backed by research

Equity

We strive to reach all who need us

5 KEY PRIORITIES



Advocacy – engaging with stakeholders and strategic partners to enable change for a better future for doctors’ health across Australia. Supporting the doctors’ health services across Australia and New Zealand to deliver local high-quality support and education to doctors and medical students

Education – working with our extensive expertise to collaboratively deliver education for:

- individual medical students and doctors about doctors’ health
- medical colleagues about how to support their peers
- health organisations to support healthy workplaces
- health systems to enhance the inclusion of doctors’ health in policy and strategic planning for the future

Awareness and Promotion – of doctors’ health services – recognising the importance of peer-to-peer responsiveness with expert local knowledge when a colleague needs help

Collaboration – with a breadth of organisations with a common interest in doctors’ health

Research – building the evidence that underpins our work, through expertise and collaboration

THE PLAN IN ACTION

1

Strong Advocacy

DHA is a strong advocate for the health and well being of doctors

- 1.1 Provides independent, expert advocacy on doctors' health and wellbeing through robust governance
- 1.2 Supports health organisations to institute policies enhancing the health and wellbeing of doctors

2

Exceptional Education

DHA delivers high quality doctors' health education

- 2.1 Establishes the national curriculum for doctors' health and wellbeing
- 2.2 Delivers doctors' health and wellbeing education to medical students, and doctors across all career levels

3

Valued Partnerships

DHA forges impactful partnerships to enhance doctors' health

- 3.1 Partners with medical organisations to promote enhanced wellbeing for doctors

THE PLAN IN ACTION

4

Connected Peers

DHA will actively promote local doctors' health services

- 4.1 Recognises the importance of peer-to-peer responsiveness and ensuring doctors are aware of their local supports
- 4.2 Broadening the promotion of the expertise of doctors' health services and enabling their voice at key local, state and national forums

5

Meaningful Research

DHA leads to elevate research in this sector

- 5.1 Enables and supports expertise to connect and increase research opportunities
- 5.2 Presenting and driving research outcomes to impact positive change

6

Improved Systems

DHA influences positive system change

- 6.1 Advocates for improvements to health system policies and practices that support the health of doctors
- 6.2 Encourages consistent and sustainable practices across health services