



Doctors' Health SA  
PROFESSIONAL • CONFIDENTIAL



# Doctors for Doctors Training Day

**SATURDAY 1 NOVEMBER 2025**

## Details of the Day

<b>Location</b>	<ul style="list-style-type: none"><li>• RANZCP, College of Psychiatry, 233 Greenhill Rd, Dulwich</li></ul>
<b>Date</b>	<ul style="list-style-type: none"><li>• Saturday 1 November 2025</li></ul>
<b>Time</b>	<ul style="list-style-type: none"><li>• 8.30am to 3.30pm</li></ul>
<b>Registration</b>	<ul style="list-style-type: none"><li>• \$93.50 inc GST (includes full catering)</li><li>• <a href="https://events.humanitix.com/doctors-for-doctors-training-day/tickets">https://events.humanitix.com/doctors-for-doctors-training-day/tickets</a></li></ul>
<b>Recommended pre-activity</b>	<ul style="list-style-type: none"><li>• Doctors Health modules (2-hour)</li><li>• Go to: <a href="http://www.drs4drs.com.au">www.drs4drs.com.au</a> and click on Drs4Drs Training</li></ul>
<b>Course Includes</b>	<ul style="list-style-type: none"><li>• Workbook</li><li>• Full day of interactive and small group learning with case studies</li><li>• Morning tea and Lunch</li></ul>
<b>Learning Outcomes</b>	<ul style="list-style-type: none"><li>• Improved understanding of contributors to doctors' ill health</li><li>• Greater awareness of hazards of modern junior doctor workplaces</li><li>• Overview of common mental health presentations in students and doctors</li><li>• Understanding the contributors to the unsatisfactory / difficult doctor-doctor consultation</li><li>• Knowledge of how to assess the doctor with early cognitive decline</li><li>• Awareness of medicolegal aspects of treating doctors and notification</li><li>• Understanding of a useful framework for identifying the unsustainable doctor</li><li>• Gaining ideas on how doctors stay well</li></ul>
<b>Facilitator</b>	<ul style="list-style-type: none"><li>• Dr Roger Sexton, Medical Director, Doctors' Health SA</li></ul>
<b>CPD</b>	<ul style="list-style-type: none"><li>• This course is eligible for 5 hours of CPD education</li></ul>
<b>MIGA IRM Program</b>	<ul style="list-style-type: none"><li>• This course is endorsed by MIGA for 5 MIGA IRM Points. (Certificate will be provided)</li></ul>

# Course Program

Time	Topic	Presenters	Format
8.00am - 8.30am	Coffee		
8.30am - 9.00am	Overview of Doctors' Health <ul style="list-style-type: none"> <li>Local and national</li> </ul>	Dr Roger Sexton	Didactic
9.05am – 9.40am	Health of International Medical Graduates <ul style="list-style-type: none"> <li>Health care behaviours</li> <li>Barriers to engagement</li> </ul>	Panel: Dr Hema Shankar Dr Seshu Boda Dr Mike Beckoff	Panel Q & A
9.45am – 10.25am	Health of Junior Doctors and Doctors in Training	Panel: Dr Natasha Bullock Dr Alison Robinson Dr Jill Benson	Panel discussion Video case study
10.30am - 11.00am	Morning Tea		
11.00am – 11.30am	Burnout <ul style="list-style-type: none"> <li>identification</li> <li>prevention</li> <li>treatment</li> </ul>	Prof Michael Baigent	Video Case study Interactive Didactic
11.35am – 12.15pm	Optimising the Doctor- Doctor consultation	Panel: Dr Chris Holmwood Dr Jill Benson Dr Reece Bretag-Norris Prof Michael Baigent	Video Case study Small group discussion Panel discussion
12.20pm - 1.00pm	Assessing the mildly cognitively impaired doctor	Dr Robert Culver	Video case study Small group discussion Didactic
1.00pm - 1.40pm	Lunch		
1.45pm - 2.30pm	Medicolegal matters Mandatory notification	Anthony Mennillo	Didactic Video Case study
2.35pm - 3.10pm	What doctors are doing to stay well	Panel of above speakers	Video Case study Small group work/ discussion Panel Q and A
3.15pm - 3.25pm	DHSA GP Network Wrap up and Evaluations	Dr Roger Sexton	
3.30pm	Close		

\*Program format and speakers may be subject to change

## Planning Committee

Dr Roger Sexton, Dr Jill Benson, Dr Hema Shankar, Ms Megan Galpin

